



**May** 2024

**Sunday Celebration Service at 11:00 am**

**900 Madeline Lane, Lawrence, KS 66049**

**(785) 841-1447**

**[www.unityoflawrence.org](http://www.unityoflawrence.org)**

**Moment of Inspiration**  
**(785) 843-8832**

**Silent Unity Prayer Line**  
**(800) 669-7729**

# May Talks

## May 5th: Rev. Mary Wood “I Don’t Need to Know”



It can seem that life is filled with uncertainty and change, especially if we watch the news. We can fear and resist those changes. Let's look at how we can see these changes as an opportunity to gain wisdom and strength as we learn from them and move beyond them.

**Special Music: Steve Epley**

## May 12th: Robin Goff, LUT “Mother Rock”



On this Mothers’ Day, let’s explore the ways we each transform through the relationship with our mother. This complex relationship can bring great transformation as we move through our growth as individuals. Regardless of what your story has been about your mother, perhaps it is time to shift it to a new story.

**Special Music: John Keck**

## May 19th: Jay Pryor “The Game of Life”



How can a century old book be relevant? Let’s see what Florence Scovel Shinn has to say in her book “The Game of Life and How to Play It” that we can apply to our lives. This will be a fun exploration of timeless principles from one of the founders of the New Thought Movement.

**Special Music: Jeremy Facknitz**

# May Talks

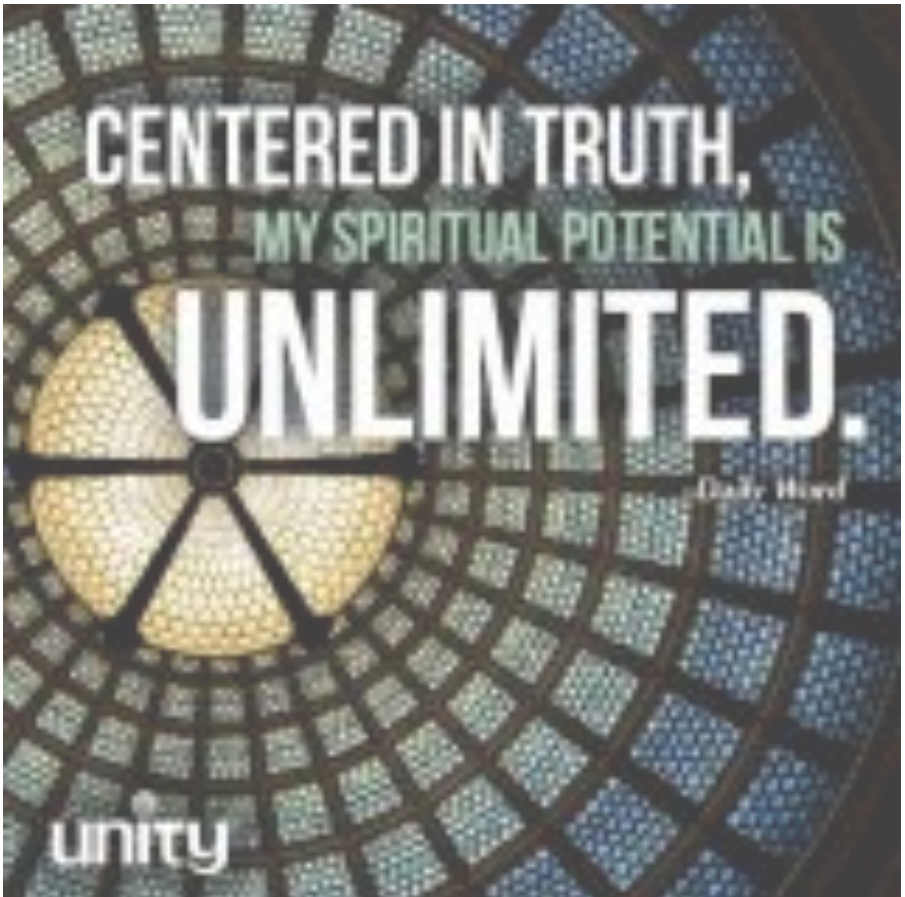
May 26th: Kelley Hunt

“Decoration Day”



As we honor all those who made the ultimate sacrifice while serving our country in the United States military on this Memorial Day weekend, we remember we are all interconnected and our very essence is of the Divine.

**Special Music: Kelley Hunt**



## Sundays

Vortex Group  
(Classroom downstairs)  
9:00 am

Amazing Grace AA  
(Fellowship Hall)  
6:00 pm  
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**Second Sunday Potluck**  
**May 12th at noon**  
(Fellowship Hall)

**Evolutions: Sound Lab**  
**May 26th**  
**1:30 pm**

## Monday

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**Compassionate Friends**  
Grief Group  
**May 13th**  
(Fellowship Hall)  
**7:00 pm**

## Tuesdays

Weekly Open Meditation  
with Phil Roger  
(Sanctuary)  
6:30 pm

## Lunch Bunch

(Gathering at local restaurants for fellowship after Sunday's service)

**May 5th: Aladdin Café** (1021 Massachusetts St.)

**May 12th: Second Sunday Potluck** (Downstairs in Fellowship Hall)

**May 19th: Big Mill** (900 Mississippi St.)

**May 26th: Sahao Buffet** (821 Iowa St.)

## 9D BreathWork Journey

1st and 3rd Mondays 6:00 - 8:00 pm

Sabrina Channel of Channels of Healing will be guiding  
BreathWork Journeys at Unity of Lawrence

Each breather will have the opportunity to learn specific breathing techniques to activate or down-regulate and go deep into the subconscious to access and release in a safe environment the traumas and beliefs that hold people back and restrict healing on multiple levels. Each class is \$50

Space is limited, please **call or text 785-393-6400**  
to reserve your space.

in (bold type) // MORE INFORMATION: [www.unityoflawrence.org](http://www.unityoflawrence.org)

## Wednesdays

**Unity Hangouts!**  
(Fellowship Hall)  
**May 1st**  
**4:30 - 6:30 pm**

## Thursdays

## Fridays

Deep Listening Sangha  
2nd, 3rd & 4th  
Fridays @ 1:30 pm  
(Sanctuary)

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## Saturdays

Overeaters Anonymous  
(Fellowship Hall)  
10:00 am

Amazing Grace AA  
(Fellowship Hall)  
12:00 pm

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## Sound Healing Session

**Wednesday, May 15th at 7:00 pm**

Join us for a collaboration of sound healers from around the region! Prepare to relax and release in a time of vibrational sound healing in a group setting. Bring a blanket or mat if you wish to lie on the floor.

Suggested donation \$20

## Unity Hangouts!

**Come hang out with us downstairs**  
**First Wednesday of the month**

**4:30 pm - 6:00 pm.**

**We will have puzzles, tabletop games,**  
**and music.**

**Feel free to bring your favorite game or**  
**puzzle to share.**

**All ages are welcome.**

## Celebration Service Order

11:00 am

Welcome

Opening Prayer & Song

Intentions

Special Music

Today's Message

Special Music

Meditation

Special Music

A Time of Thanks

Blessing Song

Gratitude Prayer

Opportunities

Peace Song

Prayer of Protection



To enroll in the Community Rewards program, simply visit:

**dillons.com/account/  
enrollCommunityRewardsNow**

(search by name or  
by NPO: **UV401**)

## Tithing and Donations

Your gifts and tithes are greatly appreciated and lovingly accepted.

**Automatic recurring donations are available for your convenience.**

**Online gifts** can be made at [www.unityoflawrence.org](http://www.unityoflawrence.org) utilizing **PayPal**; a secure way to donate online.

Mail **checks** to:  
900 Madeline Lane  
Lawrence KS 66049

Like us on **Facebook:**

@unitychurchoflawrence

Follow us on **Instagram:**

@unityoflawrence

Follow us on **Twitter:**

@unityoflawrence

Our **YouTube Channel:**

Unity Church of Lawrence

Our **Website:**

[www.unityoflawrence.org](http://www.unityoflawrence.org)

## Financial Information

Contact the office if you would like a copy of our financial report or check the Board News bulletin board for our weekly report.

**Please contact Polly McCall with any questions:  
[finance@unityoflawrence.org](mailto:finance@unityoflawrence.org)**

## Unity Daily Word

# May Affirmations

Inner Peace: *The Silence is my place of peace and renewal.*

Guidance: *I am a radiating center of light and understanding.*

Healing: *I am an expression of infinite life.*

Prosperity: *I live in a world of plenty, and I have a consciousness of abundance.*

World Peace: *I hold the world in a vision of harmony and peace.*

## Unity of Lawrence Core Values

**Joy:** With playful expression, we celebrate Life.

**Authenticity:** We act with honesty, openness, and integrity.

**Transformation:** We actively evolve into our highest and best expression of Being.

**Spirit-Guided:** We turn within for wisdom and understanding.

## Team Contacts

### Board President

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### Sound Team

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### Sound/Technical Director

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# Groups at Unity of Lawrence

**The Vortex group**  
Abraham discussion group  
Sunday mornings at 9:00 am  
Classroom downstairs or  
Centennial Park Pavilion



## Weekly Meditation Group

An open meditation is a simple process leading to Unity Consciousness. The sessions are open to all.  
**Tuesdays at 6:30 pm in the sanctuary**

**Deep Listening Sangha**  
2nd, 3rd & 4th Fridays @ 1:30 pm  
Meeting in the sanctuary



**"Lessons in Survival Italian"**  
with Francesca - everyone is welcome.  
Meeting on the 1st & 3rd Sundays at  
4:00 pm in the fellowship hall.

**Evolutions: Sacred Sound Lab**  
May 26th at 1:30 pm  
(Meeting in the sanctuary)



## Prayer Chaplains

Available to you for confidential, one-on-one prayer on Sunday mornings (up front) or other times by request.  
Contact the office for more information.